

Caromacare

The Caromacare Range was created by Caroline Minnis.(BSc. IIHHT. VTCT.) after frequent requests of her clients to have natural ingredients in their skin products. As a professional Aromatherapist of over 10 years, she came to realise the immense power of Essential Oils and how they can be used in an effective and remedial way, in virtually every type of skin and hair product.

All of the products are made with natural base ingredients like sweet almond, grapeseed and coconut oils, together with cocoa and shea butters, beeswax and plant oil infusions like lavender, comfrey and calendula.

The Essential Oils are chosen carefully as synergistic blends to help in the elimination of skin disorders, infections, inflammations, aches and pains, hormonal imbalances, stress, fatigue and depression. They are specially designed for people with sensitive skin and include baby-safe dilutions.

The Caromacare range includes face moisturizers, face scrubs, face masks, face cleansers, body butters, lip salves, blended massage oils, vegetable soaps, shower gels, bath salts, aluminium-free deodorants and remedial ointments for eczema, hives, headaches, sinusitis, respiratory infections, joint and muscle problems.

They are all completely free of dubious preservatives and emulsifiers like Parabens and Sodium Lauryl Sulphites and Sulphates.

No animal testing and no lanolin or mineral oils. Caromacare is part of the Smart Sussex Passoport scheme and offers 10% discount on the zodiac blends.

For all Mail Order Enquiries please call Brighton 01273 570550 or email caroma@callnetuk.com

You can find Caroline at the following markets throughout the year.

Oxon Hoath Retreat Centre, Hadlow, nr Tunbridge, Kent. Holistic weekends throughout the year, commencing March 6th 2009. Phone 01732 811071 for details.

Mansion Craft Market, Kidbrooke Park, Priory Rd, Forest Row - March 14th, June 13th, Oct 10th, Nov 14th and Dec 12th 2009. Phone 01342 824944 for details.

Hove Farmers Market, Rallie Hall, Hove - 1st Sunday in the month.

Shoreham Farmers Market - 2nd Saturday in the month.

Heathfield Farmers Market - 3rd Saturday in the month.

Tunbridge Wells Craft Market, Pantiles, Tunbridge Wells - 3rd Sunday in the month.

One off events for 2009 include;

Southwick Spring Fayre - Bank Holiday Saturday May 2nd 2009

Hailsham Lions Club Food & Game Fair, Broad Farm, Hellingly. 7th June 2009

Tonbridge Castle Medieval Fair, Tunbridge - 12th & 13th Sept 2009

Michelham Priory Medieval Fair - 19th & 20th Sept 2009